

## WHAT YOU NEED TO KNOW ABOUT

# DELTA-8 and Delta-10 THC

Delta-8 and Delta-10 THC are new, potentially harmful drugs that are made from the cannabis (marijuana) plant. They are psychoactive drugs, which means that they affect how the brain works. They can cause changes in mood, awareness, thoughts, feelings, or behavior.

These products are being sold online and also in local stores in different forms including brownies, candy and gummies. These products have not been researched by the FDA to determine if they are safe.

### **Delta-8 THC and Delta-10 are not approved or regulated by the FDA. Products containing them may have false or misleading marketing.**

- Products may claim to have therapeutic or medicinal benefits. This can put someone at risk, because the product has not been proven to be safe.
- The products may be labeled as “hemp”. This could mislead someone to think it is not a psychoactive drug.
- The products may include other chemicals or cannabinoids (substances found in cannabis) that are not written on the label.
- The label may not say how much Delta-8 and/or Delta-10 THC, if any, is in the product.

### **Delta-8 and Delta-10 THC products may contain harmful chemicals.**

- Manufacturers may use unsafe household chemicals to make Delta-8 and Delta-10 THC.
- Other chemicals may be used to change the color of the final product.
- Since Delta-8 and Delta-10 THC is unregulated, the products may be made in uncontrolled or unsanitary settings.

### **Delta-8 and Delta-10 THC may have negative health effects.**

- Delta-8 and Delta-10 THC have psychoactive and intoxicating effects, similar to the “high” people may feel from using cannabis.
- Over the last year, the FDA has reported people having adverse events from Delta-8 THC. These adverse events included vomiting, hallucinations, trouble standing, and loss of consciousness. Some of these people had to be hospitalized.